

Club and Sprint Series

Club Series

The Rochester Orienteering Club will crown Club Champions based on category winners in a series of five races on great courses across the region. The best four races will determine the winner in each of the classes across Red, Green, Brown, Orange, Yellow, and White courses. Electronic punching will verify navigational routes and allow specific leg comparisons within each race. The series will score each race worth 10 points for first place, 9 for second and so on. (A perfect score for the series would be 40).

Participants may run any course at an event, but the following courses and age restrictions will determine the series champions.

- Male/Female 12 (up to age 12) White
- Male/Female 14 (up to age 14) Yellow
- Male/Female 16 (up to age 16) Orange
- Male/Female 18 (up to age 18) Green
- Male/Female Open (Any age) Red
- Male/Female Masters (40+) Green
- Male/Female Veterans (60+) Brown

Examples: (1) A person who is 60 years old can choose to enter the Open, or the Masters, or the Veterans division. If he or she enters a Green course in a particular meet, points would only be scored towards the Masters division (not the Veterans division). If he or she wants points in the Veteran's division, the Brown course needs to be chosen. (2) A person who is 12 years old can choose to compete in any of the following five divisions: 12, 14, 16, 18, or Open.

A person's "orienteering age" for all meets in 2009 is his or her age as

of December 31, 2009.

Club Series Schedule:

- Saturday May 2nd at Letchworth (West).
- Saturday May 9th at Webster Park.
- Sunday June 14th at Mendon Ponds Park.
- Sunday October 4th at Letchworth (East).
- Saturday October 17th at Powder Mills Park.

Sprint Series

The Rochester Orienteering Club will also crown Sprint champions based on a series of five sprint races throughout the year. Again, the best four races will determine the winner in each of several classes across run on a single sprint course. (Electronic punching may be available on these events.) The series will score 10 points for first place, 9 for second and so on. (A perfect score for the series would be 40). The series will determine a champion in each of the following classes.

- Male/Female Juniors (up to 16)
- Male/Female Open (Any)
- Male/Female Masters (40+)
- Male/Female Veterans (60+)

Sprint Schedule:

- Wednesday July 8th at Ellison Park.
- Saturday July 25th at Seneca Park.
- Thursday August 6th at Basil Marella Park.
- Sunday August 23rd at Brighton Town Park.
- Saturday September 12th at Highland Park.

Rochester Orienteering Club membership application form

- \$10 for one-year student membership (high school or younger)
- \$20 for one-year individual membership
- \$25 for one-year full family membership
- \$25 for one-year organization membership (example: Scout group)
- \$50 for three-year individual membership
- \$65 for three-year family membership
- \$200 for life membership

Make check payable to the Rochester Orienteering Club and mail to:
Rochester Orienteering Club, 40 Erie Crescent, Fairport, NY 14450

Name: _____
 Address: _____
 City: _____
 State: _____ ZIP: _____
 Phone: _____
 e-mail: _____
 Indicate if:
 New membership or Renewal
 Date of application: _____

Please indicate one or more areas in which you would be willing to volunteer occasionally: Meet Director Course Setter
 Food Greeter Registration String-O Start Finish Control Pick Up Results Typing

Web site: roc.us.orienteering.org
 Orienteering Hotline: (585) 377-5650



e-mail: membership@roc.us.orienteering.org
 Fairport, NY 14450



2009
 Schedule!